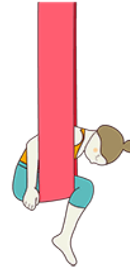


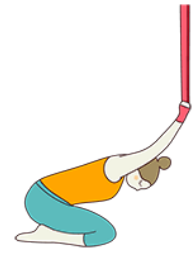
1. Cocoon Pose Aerial • Baddha  
Konasana Inside Aerial



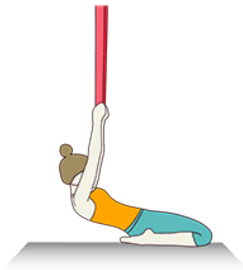
2. Corpse Pose Aerial • Savasana  
Aerial



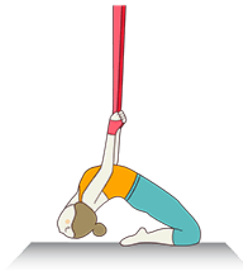
3. Floating Child Pose Aerial •  
Balasana Aerial



4. Downward Facing Thunderbolt  
Pose Aerial • Adho Mukha  
Vajrasana Aerial



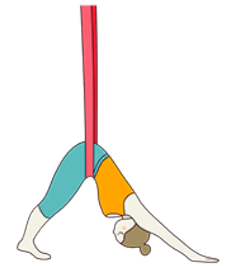
5. Reclining Hero Pose Aerial •  
Supta Virasana Aerial



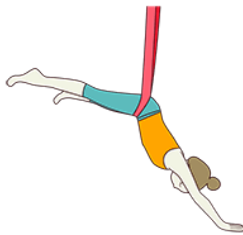
6. Pigeon Pose Aerial • Kapotasana  
Aerial



7. Two Legged Inverted Staff Pose  
Aerial • Dwi Pada Viparita  
Dandasana Aerial



8. Downward Facing Dog Pose  
Aerial • Adho Mukha Svanasana  
Aerial



9. Downward Facing Dog Pose  
Variation Feet In Air Aerial • Adho  
Mukha Svanasana Variation Feet In  
Air Aerial



10. Locust Pose Aerial •  
Salabhasana Aerial



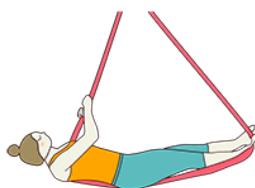
11. Standing Splits Aerial Open  
Hammock • Standing  
Hanumanasana Aerial Open  
Hammock



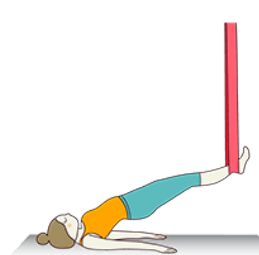
12. Suspended Front Splits Pose  
Aerial • Vimana Hanumanasana  
Aerial



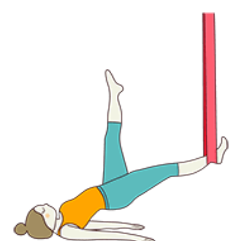
13. Tree Pose Aerial • Vrksasana  
Aerial



14. Kali Cradle Pose Aerial



15. Bridge Pose Aerial •  
Setubandha Sarvangasana Aerial



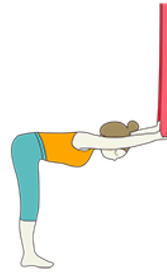
16. One Legged Bridge Pose Aerial  
• Eka Pada Setu Bandha  
Sarvangasana Aerial



17. Revolved Reclined Big Toe Pose One Leg Aerial • Parivrtta Supta Padangusthasana Eka Pada Aerial



18. Standing Forward Fold Cat Pose Hands Aerial • Uttanasana Marjaryasana Hasta Aerial



19. Half Forward Fold Pose Aerial • Ardha Uttanasana Aerial



20. Inverted Butterfly Pose Bound Hands Aerial • Inverted Baddha Konasana Baddha Hasta Aerial



21. Inverted Butterfly Pose Twist Variation Aerial • Inverted Baddhakonasana Twist Variation Aerial



22. King Dancer Pose B Aerial • Baddha Natarajasana Aerial



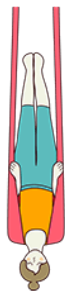
23. Chandelier Pose Aerial



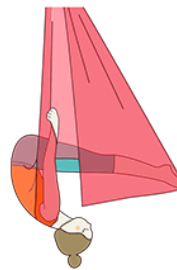
24. Supported Standing Hand To Big Toe Pose Aerial Variation • Supported Utthita Hasta Padangusthasana Aerial Variation



25. Venus Pose Aerial



26. Unsupported Shoulder Stand Pose Aerial • Niralamba Sarvangasana Aerial



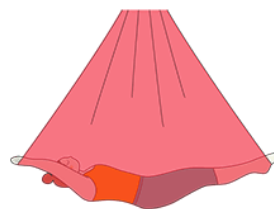
27. Bat Pose Aerial



28. Vampire Pose Aerial



29. Warrior Pose Iii Arms And One Leg Aerial • Virabhadrasana Iii Hasta Eka Pada Aerial



30. Corpse Pose Aerial • Savasana Aerial